

OPEN SWIM SCHEDULE JANUARY 12 - JANUARY 18, 2025

MEMBER ONLY NIGHTS; MONDAYS & WEDNESDAYS 5p - 9p

SCHEDULE IS SUBJECT TO CHANGE. PLEASE CALL 440-580-3260 FOR MOST CURRENT INFO.

CHECK OUT OUR AQUATICS PAGE. WWW.STRONGSVILLE.ORG > PARKS & REC > AQUATICS & OPEN SWIM

THERE IS A SCHEDULED 10 MINUTE BREAK AT THE TOP OF EVERY HOUR FOR KIDS UNDER 18.

Days & Times	Competition Pool	Activity Pool	Water Slide	Pirate Ship
Sunday 1/12				
9:00 am - 11:00 am	Laps(8)	Open	Closed	Open
11:00 am - 2:30 pm	Laps(3) Lo Dive/Open Dive	Open	Open	Open
Monday 1/13				
5:00 am - 5:30 am	Laps(8)	Open	Closed	Closed
5:30 am - 6:30 am	Laps(4) Swim Team	Open	Closed	Closed
6:30 am - 7:30 am	Laps(7) Swim Team	Open/CCF 7a	Closed	Closed
7:30 am - 9:15 am	Laps(8)	Open/CCF	Closed	Closed
9:15 am - 10:10 am	Laps(8)	SWAP	Closed/CCF	Closed
10:10 am - 11:10 am	Laps(5) WEX	Open/CCF	Closed	Closed
11:10 am - 3:00 pm	Laps(8)	Open/CCF til 1	Closed	Closed
3:00 pm - 5:00 pm	Laps(1) Swim Team	Open	Closed	Closed
5:00 pm - 6:30 pm	Laps(3) Swim Team	Open	Closed	Closed
6:30 pm - 7:00 pm	Laps(4) Swim Team	Open	Closed	Closed
7:00 pm - 8:30 pm	Laps(2) Swim Team/Dive Tm	Open	Closed	Closed
Tuesday 1/14				
5:00 am - 9:40 am	Laps(8)	Open	Closed/ISR 7-945	Closed
9:40 am - 10:40 am	Laps(5) WEX	Open	Closed	Closed
10:40 am - 11:40 am	Laps(8)	ROM	Closed	Closed
11:40 am - 3:00 pm	Laps(8)	Open	Closed	Closed
3:00 pm - 4:00 pm	Laps(1) Swim Team	Open	Closed	Closed
4:00 pm - 5:00 pm	NO LAP LANES AVAILABLE	Open	Closed	Closed
5:00 pm - 5:30 pm	Laps(4) Swim Team	Open	Closed	Closed
5:30 pm - 6:30 pm	Laps(3) LTS	LTS	LTS	LTS
6:30 pm - 7:30 pm	Laps(2) WEX/LTS	LTS	LTS	LTS
7:30 pm - 8:30 pm	Laps(2) Dive Team/Swim Team	Open	Closed	Open
Wednesday 1/15				
5:00 am - 9:15 am	Laps(8)	Open	Closed	Closed
9:15 am - 10:10 am	Laps(8)	SWAP	Closed	Closed
10:10 am - 11:10 am	Laps(5) WEX	Open	Closed	Closed
11:10 am - 3:30 pm	Laps(8)	Open	Closed	Closed
3:30 pm - 5:00 pm	Laps(2) Swim Team	Open	Closed	Closed
5:00 pm - 8:30 pm	AQUATIC CENTER CLOSSES FOR THE NIGHT AT 5 PM FOR SWIM MEET			
Thursday 1/16				
5:00 am - 9:40 am	Laps(8)	Open/CCF @ 7a	Closed/ISR 7-945	Closed
9:40 am - 10:40 am	Laps(5) WEX	Open/CCF	Closed	Closed
10:40 am - 11:40 am	Laps(8)	ROM	Closed/CCF	Closed
11:40 am - 3:00 pm	Laps(8)	Open/CCF til 1	Closed	Closed
3:00 pm - 4:00 pm	Laps(1) Swim Team	Open	Closed	Closed
4:00 pm - 5:00 pm	NO LAP LANES AVAILABLE	Open	Closed	Closed
5:00 pm - 5:30 pm	Laps(4) Swim Team	Open	Closed	Closed
5:30 pm - 6:30 pm	Laps(3) LTS	LTS	LTS	LTS
6:30 pm - 7:30 pm	Laps(2) WEX/LTS	LTS	LTS	LTS
7:30 pm - 8:30 pm	Laps(2) Dive Team/Swim Team	Open	Closed	Open
FRIDAY 1/17				
5:00 am - 5:30 am	Laps(8)	Open	Closed	Closed
5:30 am - 6:30 am	Laps(4) Swim Team	Open	Closed	Closed
6:30 am - 3:00 pm	Laps(8)	Open/CCF 7a - 1p	Closed/ISR 7-945	Closed
3:00 pm - 4:00 pm	Laps(1) Swim Team	Open	Closed	Closed
4:00 pm - 5:00 pm	NO LAP LANES AVAILABLE	Open	Closed	Closed
5:00 pm - 6:00 pm	Laps(2) Swim Team	Open	Open	Open
6:00 pm - 7:30 pm	Laps(2) Swim Team/Lo Dive	Open	Open	Open
7:30 pm - 8:30 pm	Laps(3) Diving Board/Open Dive	Open	Open	Open
Saturday 1/18				
8:00 am - 9:00 am	Laps(7) Swim Team	Open	Closed	Closed
9:00 am - 1:00 pm	Laps(3) LTS/Learn To Dive	LTS	LTS	Closed
1:00 pm - 5:30 pm	Laps(3) Lo Dive/Open Dive	Open	Open	Open

CCF = Water Therapy | **LTS = Learn To Swim** | **ROM = Range Of Motion** | **WEX=Water Exercise**

SWAP = SHALLOW WATER AROBICS PROGRAM | **ISR = Infant Swim Rescue**

The number of Lap Lanes Available are listed as (x)

INTERESTED IN LIFEGUARDING?

Lifeguarding Class: Sundays, 9a-3pm (2/16-3/16)