

# UPDATED OPEN SWIM SCHEDULE

## OCTOBER 6 - OCTOBER 26, 2024

SCHEDULE IS SUBJECT TO CHANGE. PLEASE CALL 440-580-3260 FOR MOST CURRENT INFO.  
 CHECK OUT OUR AQUATICS PAGE. WWW.STRONGSVILLE.ORG > PARKS & REC > AQUATICS & OPEN SWIM  
 THERE IS A SCHEDULED 10 MINUTE BREAK AT THE TOP OF EVERY HOUR FOR KIDS UNDER 18.

Days & Times	Competition Pool	Activity Pool	Water Slide	Pirate Ship
<b>Sunday</b>				
9:00 am - 10:00 am	Laps(8)	Open	Closed	Open
10:00 am - 11:00 am	Laps(2) S.O/ Lo Dive	Open	Open	Open
11:00 am - 1:30 pm	Laps(3) Lo Dive	Open	Open	Open
<b>Monday</b>				
5:00 am - 9:15 am	Laps(8)	Open/CCF @ 7	Closed/ISR 7-9:15	Closed
9:15 am - 10:10 am	Laps(8)	<b>SWAP</b>	Closed/CCF	Closed
10:10 am - 11:10 am	Laps(5) <b>WEX</b>	Open/CCF	Closed	Closed <sup>^</sup>
11:10 am - 3:00 pm	Laps(8)	Open/CCF til 1	Closed	Closed <sup>^</sup>
3:00 pm - 5:00 pm	Laps(2) Swim Team	Open	Closed	Closed <sup>^</sup>
5:00 pm - 6:30 pm	Laps(3) <b>Swim Team</b>	Open	Closed	Open
6:30 pm - 7:30 pm	Laps(4) <b>Swim Team</b>	Open	Closed	Open
<b>Tuesday</b>				
5:00 am - 9:40 am	Laps(8)	Open	Closed/ISR 7-9:15	Closed
9:40 am - 10:40 am	Laps(5) <b>WEX</b>	Open	Closed	Closed <sup>^</sup>
10:40 am - 11:40 am	Laps(8)	<b>ROM</b>	Closed	Closed <sup>^</sup>
11:40 am - 3:00 pm	Laps(8)	Open	Closed	Closed <sup>^</sup>
3:00 pm - 5:00 pm	Laps(2) Swim Team	Open	Closed	Closed <sup>^</sup>
5:00 pm - 5:30 pm	Laps(4) Swim Team	Open	Closed	Closed
5:30 pm - 6:30 pm	Laps(5) <b>LTS</b>	<b>LTS</b>	<b>LTS</b>	<b>LTS</b>
6:30 pm - 7:30 pm	Laps(2) <b>WEX/LTS</b>	<b>LTS</b>	<b>LTS</b>	<b>LTS</b>
<b>Wednesday</b>				
5:00 am - 9:15 am	Laps(8)	Open	Closed/ISR 7-9:15	Closed
9:15 am - 10:10 am	Laps(8)	<b>SWAP</b>	Closed	Closed
10:10 am - 11:10 am	Laps(5) <b>WEX</b>	Open	Closed	Closed
11:10 am - 3:00 pm	Laps(8)	Open	Closed	Closed
3:00 pm - 5:00 pm	Laps(2) Swim Team	Open	Closed	Closed
5:00 pm - 6:30 pm	Laps(3) <b>Swim Team</b>	Open	Closed	Open
6:30 pm - 7:30 pm	Laps(4) <b>Swim Team</b>	Open	Closed	Open
<b>Thursday</b>				
<b>10/17 BUSINESS EXPO. POOL CLOSSES AT 2:30, BULDING AT 3PM</b>				
5:00 am - 9:40 am	Laps(8)	Open/CCF @ 7	Closed/ISR 7-9:15	Closed
9:40 am - 10:40 am	Laps(5) <b>WEX</b>	Open/CCF	Closed	Closed <sup>^</sup>
10:40 am - 11:40 am	Laps(8)	<b>ROM</b>	Closed/CCF	Closed <sup>^</sup>
11:40 am - 3:00 pm	Laps(8)	Open/CCF til 1	Closed	Closed <sup>^</sup>
3:00 pm - 5:00 pm	Laps(2) Swim Team	Open	Closed	Closed <sup>^</sup>
5:00 pm - 5:30 pm	Laps(4) Swim Team	Open	Closed	Closed
5:30 pm - 6:30 pm	Laps(5) <b>LTS</b>	<b>LTS</b>	<b>LTS</b>	<b>LTS</b>
6:30 pm - 7:30 pm	Laps(2) <b>WEX/LTS</b>	<b>LTS</b>	<b>LTS</b>	<b>LTS</b>
<b>Friday</b>				
5:00 am - 3:00 pm	Laps(8)	Open/CCF 7a - 1p	Closed/ISR 7-9:15	Closed <sup>^</sup>
3:00 pm - 5:00 pm	Laps(2) Swim Team	Open	Closed	Closed <sup>^</sup>
5:00 pm - 6:00 pm	Laps(2) Swim Team	Open	Open	Open
6:00 pm - 7:30 pm	Laps(2) <b>Swim Team/Lo Dive</b>	Open	Open	Open
<b>Saturday</b>				
<b>**10/26 Staff Trainig will use 2 lanes</b>				
8:00 am - 9:00 am	Laps(6) Training**	Open/Training	Closed	Closed
9:00 am - 11:00 am	Laps(4) <b>LTS</b>	<b>LTS</b>	<b>LTS</b>	Closed
11:00 am - 1:00 pm	Laps(4) <b>Learn To Dive/LTS</b>	<b>LTS</b>	<b>LTS</b>	Closed
1:00 pm - 3:30 pm	Laps(3) Lo Dive/Open Dive	Open	Open	Open

CCF = Water Therapy | **LTS = Learn To Swim** | **ROM = Range Of Motion** | **WEX=Water Exercise**  
**SWAP = SHALLOW WATER AROBICS PROGRAM** | **ISR = Infant Swim Rescue** | **S.O. = SPECIAL OLYMPICS**

Number of Lap Lanes Available are listed as (x)

**SPECIAL OLYMPICS WILL HAVE 3 LAP LANES FROM 10-11 AM**

NO ISR CLASSES 10/14 - 10/25

**^ LIMITED STAFF. CALL FOR UPDATED SHIP HOURS**

**STRONGSVILLE HIGH SCHOOL SWIM AND DIVE 'TM. BEGINS FRIDAY, OCT. 27**

**SEE 'LAP LANES SCHEDULE DURING SWIM TEAM' FOR INFORMATION**

**REVISED 10/11/2024**